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Discover the New Liquid Formula to Increase Vitality

Written by Gabe Rivera



We all have tried consuming vitamins in different ways, whether by capsules or powder form. Liquid Vitamins are another way to help the body receive the appropriate nutrients for optimal health. In fact, liquid form has many benefits compared to other forms of intake.

For instance, liquids can reach the bloodstream quicker compared to solid forms to provide adequate daily nutrition---and they are also easier to swallow. Capsules and tablets usually contain binders, fillers, and preservatives, which may pass through the body without absorbing nutrients.

Roughly, we absorb 98% of liquid vitamins compared to 10-20% of dry preparations. This means we will receive more nutrients from a liquid form as opposed to solids. Now there is a multi-powered liquid supplement that could be the solution for better health.

Bogdana RNF-Rejuvenating Formula is a versatile liquid supplement that provides a multitude of vitamins, amino acids, minerals, proteins, and other nutrients to support long-

term health. With sixteen years of research, **Bogdana** uses a variety of natural and organic ingredients to promote healthy living. This powerful formula contains more than 150 nutrients, and maximizes your energy levels to overcome fatigue with ease.

RNF-Rejuvenating Formula contains a variety of nutrients such as fish oil. A great source of Omega-3 essential fatty acids, **Bogdana RNF** helps manage healthy triglycerides levels, which can aid in heart health, and improve long-term wellness. Fish oil also plays a key role in weight loss. According to Professor Peter Howe at the University of South Australia, fish oil improves the efficacy of exercise in attempts to lose weight. This will transform the body---and lead to better self-esteem.

Along with weight loss benefits, **Bogdana RNF** also supports a healthy immune system. The Omega-3 fatty acids in fish oil boost immunity, as it affects the amount of cytokines and eicosanoids present in the body. With its ability to protect the body from free radicals, **Bogdana RNF** may help restore youth.

Another one of **RNF**'s major ingredients is yeast. Considered to be a non-animal source of protein, which contains all nine essential amino acids--- yeast is known to help build muscle, and enhance calorie burning for a more defined look.

Rich in B vitamins, **Bogdana RNF's** yeast component will keep the body running efficiently for better work output throughout the day. With its ability to convert food into fuel, it will provide sustained energy for better daily productivity. In addition, with the help of B-12, yeast supports brain chemistry, which enhances cognition to effectively improve mental tasks.

Bogdana RNF's innovative formula is also comprised of collagen, the most abundant protein in our bodies. Found in bones, muscles, and skin, it replaces dead skin cells. The body's collagen production begins to slow down as we age, and signs of this process can be seen through wrinkles, sagging skin, and weak cartilage.

Nutritional deficiencies affect production of collagen. **Bogdana RNF** contains a sufficient amount of nutrients to promote healthy skin, which is the first line of defense against pathogens. By increasing collagen levels, it helps the skin effectively renew and repair itself for a firmer and smoother look.

This powerful formula provides numerous nutrients to support the body's cells, blood supply, and other major organs. **RNF** promotes cellular health, and gives the body missing nutrients, as it fills in the gaps of a nutrition-deficient diet.

With its well-balanced nutrients, **Bogdana RNF** cleanses the body from toxins---which helps slow the aging process, and improve overall vitality.

Whether a young adult, middle-aged, or a baby boomer, Bogdana's Rejuvenating Nutritional Formula will aid in overcoming fatigue,



increasing energy levels, and promoting optimal health. Vitamins come in all shapes and forms, but can all reach the bloodstream quickly for effective results? **Bogdana's** multi-powered formula can do this, and much more. Are you ready to rejuvenate your health?

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Bogdana Liquid Vitamins





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